Homemade Matzos

Cook 1 hr & 15 min · Makes 12 crackers · Source Myrecipes.com

- About 2 3/4 cups flour, divided
- 1/2 teaspoon kosher salt
- 1/3 cup olive oil
- About 1/2 tsp. fine sea salt

DIRECTIONS

Set a pizza stone on an oven rack and heat oven to 500° for about 45 minutes (if you don't have a pizza stone, set a large baking sheet on a rack and heat until oven is hot).



Put 2 1/4 cups flour, kosher salt, and oil in a food processor. With motor running, slowly add 1/2 cup water. Dough will come together into a ball and should feel soft and supple; if it is sticky at all, add more flour, 1 tbsp. at a time.

Divide dough into 12 portions. Using a floured rolling pin, roll 1 portion at a time on a wellfloured work surface into a round about 8 in. wide and just thin enough to see through. Lightly sprinkle with sea salt and press it in with your hands. Prick dough all over with a fork (this will prevent the dough from puffing up too much).

Flour a wooden peel or back of a baking sheet generously and transfer dough to it. Gently slide dough onto hot pizza stone. Bake until matzo is light golden and crisp on each side and a bit darker at the edges, turning once with a wide spatula, 2 to 3 minutes total. Transfer matzo to a cooling rack and make remaining matzos the same way.

Rebake any matzo that isn't crisp in the center, which may be the case if they were baked on a baking sheet; put matzos on a rimmed baking sheet, reduce oven heat to 250°, and bake 15 to 25 minutes more.

NUTRITIONAL INFO

calories 157 calories from fat 35 % protein 3 g fat 6.2 g satfat 0.9 g carbohydrate 22 g fiber 0.8 g sodium 127 mg cholesterol 0.0 mg